

Physical Education, School Sport
&
The Sport Premium Funding Action Plan

2014-2017

Allendale Primary School

Working in partnership with
Tynedale PE & School Sport Programme

PE Vision Statement

Our aim is to provide all children with the opportunity to take part in high-quality P.E. and sport both during P.E. lessons and through after school extra-curricular activities. We encourage them to become independently active by developing their confidence and competence in the physical skills outlined in the National Curriculum. Children at Allendale Primary School will have the opportunity to compete in termly inter-school competition and also to take part in a range of intra-school competitive events. Our P.E. and sport is accessible to ALL pupils.

PHYSICAL EDUCATION IN THE NATIONAL CURRICULUM

The Government believes that two hours of physical activity a week through both Curriculum time and extra-curricular activity should be an aspiration for all schools. Competitive games are compulsory, although it is for schools to choose how to organise the curriculum to include the programmes of study.

Physical Education

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

Aims

At Allendale Primary School we aim to offer a programme which offers every child the opportunity to access exciting and challenging activities to help them develop their own sporting potential and improve their health and wellbeing. We organise and run competitive sports activities within our school and also enter a range of inter-school sports competitions.

The main guiding principles behind this action plan:

Guiding principles which have been considered when putting this action plan together and deciding how to allocate the primary school funding:

- Consider the overall PE and sport provision across the school with respect to all pupils.
- Identify how best to maximise the impact of PE, physical activity and competitive school sport on young people and school standards. This may include targeting of specific pupils e.g. using PE and sport as a vehicle to develop numeracy and literacy.
- Embed the investment within the school development plan to ensure that there is a strategy for the development of teacher confidence and competence in PE and wider outcomes for young people.
- Build on the generic teaching skills of the classroom teachers, giving professional development opportunities, and therefore further expertise, in how to develop physical literacy and the breadth of learning that comprises physical education.
- Identify a subject coordinator for PE and sport.
- Work collaboratively with other schools to develop a creative and higher quality provision.
- Develop physical literacy by focusing on pupils' fundamental movements, then generic sport skills and ultimately small-sided games.
- Use qualified and suitably trained coaches to improve the quality and range of school sport offered to enrich the curriculum (but not replace it).

Action Plan

During the summer term 2015 we will consider the following questions: (Using the YST review toolkit) emerging/established/embedded

<http://www.youthsporttrust.org/>

1. Does our school have a vision for PE and school sport?
2. Does our PE and sport provision contribute to overall school improvement?
3. Do we have strong leadership and management of PE (and school sport)?
4. Do we provide a broad, rich and engaging PE curriculum?
5. How good is the teaching and learning of PE in our school?
6. Are we providing high quality outcomes for young people through PE and school sport?
7. Are we providing a rich, varied and inclusive school sport offer as extension of the curriculum?
8. Are all pupils provided with a range of opportunities to be physically active and do they understand how physical activity can help them adopt a healthy and active lifestyle?

We believe that the Sport Premium funding should support three key areas; physical education, healthy, active lifestyles and competitive school sport. Our school action plan signifies these key areas and has been split into three sections.

Physical Education:

Specific Objectives What we want to do	Strategies What are we going to do to achieve objective(s)	Signs of Success/Impact When we have achieved our objective(s) we should see	Who	When
To support foundation stage and KS1 children to develop physical literacy with a focus on agility, balance and coordination.	To offer fundamentals training to all teachers and teaching assistants in foundation stage and key stage 1. Teachers to deliver lessons with the support of teaching assistants.	Children develop the essential basic physical skills including agility, balance and coordination. Class teachers confident and competent to deliver high quality lessons.	R Charlton to coordinate with SSP when training is to be delivered. SSP to organise training. Curriculum support in lessons from TSSP staff with school staff support	From Spring 2015.
KS2 Children to develop physical literacy, through participation in high quality PE lessons.	To offer training to Key stage 2 staff. Staff to deliver high quality lessons. To attend a series of CPD events up skilling staff on specific elements of the programme of study. TSSP PE staff support curriculum teaching	Children develop their physical literacy. Staff confident and competent, to teach skills. High quality lessons. Staff have attended various CPD events on offer through TSSP	R. Charlton to coordinate with SSP when training is to be delivered. SSP to deliver training. Class teachers team teaching with TSSP PE teachers	CPD events throughout the year see TSSP calendar
Improve the skills & confidence amongst staff to deliver high quality lessons when following the curriculum map.	R Charlton and TSSP staff to review curriculum map. Targeted staff to receive support for identified areas.	Children to make progress through high quality lessons. New curriculum map in place specific to Allendale PS. Staff to be confident to deliver skills and sports on curriculum map. To differentiate by task to challenge gifted & talented and support less able	Staff to attend SSP CPD sport specific courses.	Autumn 2015 then on going. National Curriculum planning to meet the requirements
Teachers to give pupils opportunities to take part in leading, officiating and coaching in PE lessons.	Teachers to plan opportunities for pupil leadership officiating and coaching in lessons.	Pupils leading, officiating and coaching. Improved pupil knowledge and understanding and confidence.	Teachers to plan pupil leadership. Year 6 pupils to be involved.	Summer and Autumn 2015/16
To develop leadership skills for Deputy Headteacher to help sustain the development of PE.	Deputy Headteacher to attend relevant training. To liaise with HT and Governors on development of PE throughout the school.	Strong links between curriculum & PE.	Headteacher to support Deputy Headteacher to develop leadership skills and to participate in appropriate CPD.	To begin in Spring 2014 then on going.
To ensure the school has high quality equipment for the delivery of PE	Audit of equipment. Shortfall in equipment logged. Use of template from TSSP to ID strengths and weaknesses	Audit completed. New equipment identified and ordered	R. Charlton and L. Armstrong to audit PE stock of equipment and look at needs of the subject	Annually
Identify where PE meets the requirements of the curriculum.	Audit using YST toolkit	R. Charlton completes audit to use to plan for the future	R. Charlton	Summer term 2014 Audit then to be completed annually.

Healthy, Active Lifestyles

Healthy behaviour in childhood and the teenage years set patterns for later life and, if acquired early can have a dramatic impact on well-being. Nearly a quarter of all reception-aged children and one third of year 6 pupils are overweight or obese and it has been documented that inactivity causes nine per cent of premature mortality.

Identify the children who are least active or who are at risk of obesity and design targeted physical activity interventions specifically for them. The focus needs to be on enjoyment, so engage these pupils by offering a breadth of appealing activities that include plenty of exercise and promote wider health and well-being messages in a young people-centred environment. C4L club will be piloted as part of the strategy in Autumn 2015.

Specific Objectives What we want to do	Strategies What are we going to do to achieve objective(s)	Signs of Success/ Impact When we have achieved our objective(s) we should see	Who	When
To run activity clubs for less engaged pupils to develop a healthy active life style. CHANGE4LIFE clubs	R. Charlton to plan for these clubs through change for life. To purchase new equipment to support increased fitness.	Less active pupils taking part in physical activity and developing a healthy active life style. New equipment in place and used.	Staff to plan and organise appropriate clubs	Begin Autumn 2014 then on going. C4L Training attended by RAC, February 2015 with Carol Hawman National tutor.
Pupils to increase fitness levels. To embed the new fitness scheme for pupils in Key Stage 2.	To ensure teachers have the necessary skills and knowledge to deliver the scheme.	High quality lessons should result in pupil awareness of personal fitness. Pupils to evaluate own progress. Pupil fitness to be improved.	Class teachers	Autumn 2014.
Children to develop knowledge of a healthy lifestyle through a health week and sport week.	To plan a health week and sport week in each alternative year that has a specific focus on healthy active life style and/or sport. Teachers to plan lessons to reinforce children's knowledge and understanding about how to be healthy and have a healthy life style.	Children understand what a healthy life style is and begin to take part in regular exercise and eat healthy meals choosing fruit and vegetables.	L. Armstrong to co-ordinate the planning of health week and/or sport week. Inform and encourage teachers about the focus of the week to allow them to plan lessons to compliment this.	Autumn Term 2014 Autumn Term 2015 Autumn term 2016
Children to increase activity levels and social skills through the encouragement to use playground games to promote physical activity during break times.	To train young leaders/ Lunch time supervisors as play facilitators.	More children to participate in active play. Children fitter.	SSP staff to train young leaders, current Year 5 pupils. Playground monitors to rotate equipment used on playground and field.	Summer Term 2014 Training for lunch supervisors. SSP course. Playground buddy system to encourage social play and inclusion.
To take part in the Get Set Legacy challenge, to increase Physical activity. Golden Mile Project	Enrol on the Legacy Project. Young Leaders appointed to administer the project	Children to be more active and demonstrate positive attitudes to physical activity.	SSP to train Leaders to administer the programme. This will be the current year 5 pupils who by Autumn 2014 will be Y6.	Autumn term 2014

Competitive School Sport

All children enjoy being appropriately challenged and at a young age most are keen to explore what they are capable of. Competitive school sport for primary school children should be categorised on a focus by achieving one's 'personal best' rather than being 'the best'.

Engage primary children in personal challenges, allow them to practise and test their skills and personal competence, and small-sided games to encourage teamwork and a sense of how to play and succeed.

A good competitive school sport programme includes regular club participation opportunities where children can learn more about specific sports, receive age-appropriate coaching and practice their skills (after School Club) before attending competitions.

Specific Objectives What we want to do	Strategies What are we going to do to achieve objective(s)	Signs of Success / Impact When we have achieved our objective(s) we should see	Who	When
Develop Inter School Competitive opportunities for pupils.	To enter SSP Inter competitions advertised in competition calendar After school clubs to be organised to allow children to learn about specific sports and practise their skills before attending competition.	Increased participation in Inter school competitions to at least 5 in 2013-14. Allendale took part in 4 competitions in 2012-13. Gymnastics, Tennis, Tag rugby and Swimming.	R. Charlton to coordinate entries to competitions. SSP to provide competitions & festivals R. Charlton through SSP and the local sports clubs (V. Dunn) to organise appropriate after school clubs.	Ongoing all year Tuesday and Wednesday after school.
To increase opportunities for pupil participation in Intra School competition	All children to take part in Intra school. Sports days Festivals Specific sports	System in place with staff informed and all children engaged. To hold a minimum of 4 competitions across 4 different sports and age ranges.	Headteacher and deputy headteacher to encourage Intra competitions in school.	Feb 2014 Unihoc Year 5 & 6. April 2014 Cross-country Year 5 & 6 June 2014, 15, 16 Football tournament (whole school) July 2014. 15. 16 Sports day (whole school)
To develop pupil sports leaders to be able to support sporting events in intra school competitions including sports days.	Pupils to be involved in planning activities and leading and officiating events.	Pupils involved in planning, supporting and officiating in intra school sporting events.	Deputy Headteacher and L. Armstrong to organise pupil sport leaders for the relevant intra school events.	Summer 2014 and on-going
To develop opportunities for gifted and talented pupils. To develop community club links to encourage development of talented pupils.	To identify gifted and talented children and place them on the register. To make pupils aware of community clubs. To provide out of hours clubs with specialist coaches.	Gifted and talent pupils receiving additional support and are therefore developing their talents.	All teachers to identify pupils. Deputy headteacher to liaise with local community clubs and provide opportunities. TSSP to provide out of hours clubs. TSSP to run Pilot an Academy for Gifted pupils	Pilot summer term 2014 then each term thereafter.

To inspire children to want to further develop their skills and talents in gymnastics.	Sports hall committee have applied for a sports grant, which should enable qualified coaches teach afterschool gymnastics at the sports hall. Use the Gymnastic Award Scheme including certificates and badges to award personal achievement.	Children's engagement, enthusiasm, skills and talents developed with children achieving the next award.	Sports hall committee through the award of the sports funding grant.	Summer 2014 and on-going
School to be an active member of SCHOOLGAMES website	School signs up on SchoolGames website and blogs school activity	Schools intra and inter activities are registered on the schools website dashboard.	Deputy Headteacher	ongoing
School application for KITEMARK	School plans events to ensure they meet the criteria for KITEMARK Staff attend KITEMARK CPD event	School awarded KITEMARK 2014 R Charlton attends training and starts collecting data and evidence	Deputy Headteacher identified to attend training and submit application	Summer term each year

The primary school has very good sporting facilities. The school and community sports hall is managed by the 'Sports Hall committee'. This committee includes; Deputy Headteacher, school governors, parents and members of the local sporting clubs. Governors take an active role in supporting and providing local sports activities for the pupils both within the curriculum, after-school and older-age school sports clubs.

Allendale Primary School Spring 2014