

Welcome to our October Newsletter which is packed with useful information and updates for you. Once again we would like to say a huge thank you to everybody who came along to, or helped out with, our Macmillan Coffee afternoon. Raising £420 is a wonderful achievement. We've had a lovely day in school today thinking about how we can be a good friend to others, and make ourselves available to listen if they have any worries. It was nice to see a splash of colour with our yellow accessories reminding us about World Mental Health Day. The Be You newsletters attached also have lots of great tips and advice for dealing with wellbeing issues.

Coffee and Chat

Coffee afternoons continue every other week in the sports hall from 2:45pm.

Come along to ask any questions or make suggestions or just to catch up.

- **Monday 13th October**
- Monday 10th November
- Monday 24th November
- Monday 8th December



Gymnastics Club

We are still looking for a gymnastics coach to support our after school club. If anyone has a gymnastics coaching qualification or knows someone who does, please contact the school office. We will be exploring all options to see if we can get the club up and running again soon.

Harvest

On **Wednesday 22nd October** we will be having a harvest assembly. Rev Martin will be talking to the children about this special time of year and we are inviting children to bring in a food donation to be taken to the Meet & Eat group at the village hall afterwards.

The Meet & Eat team are always looking for donations of fresh and long life goods to support their efforts. On 29th October, which is during half term, the menu will be made with the food that we provide. You are invited to come along if you can.

Suggested donations include:

- Any seasonal garden produce or eggs
- Tins of beans, chickpeas, corned beef, baked beans, tomatoes, ham, mustard, tinned fruit and custard powder.
- Flour (regular or gluten free), sugar, lentils, rice (not pasta)
- Pulses (in tins is better as we don't have time to soak dried beans etc)
- Spices, vanilla.



Motivational Mondays

Monday morning activities have been very popular. We look forward to see the children on Monday for skipping.

1st Monday = Wake and Shake

2nd Monday = Skipping

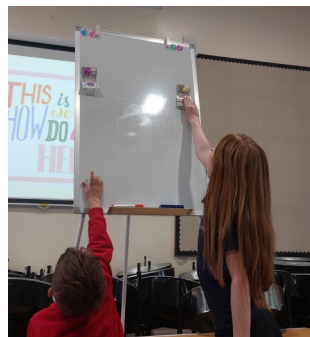
3rd Monday = Yoga

4th Monday = Hula Hooping



Behaviour Update

Last week, Mr Vincent gave an assembly to the school highlighting the differences between equality and equity. In his assembly, two children were invited to help themselves to a £20 note. Unfortunately, only one could reach!



Did they both have the same opportunity? Was it fair?

It's not always fair to treat children in exactly the same way. Instead, we aim to allow all children to achieve with appropriate support. In this case, a chair to stand on soon made it fairer. This is an example of equity in practice.

The same is true for sanctions in school. Sometimes children will make a mistake and even more rarely, break the rules and require a sanction. Red and Yellow cards did not give teachers enough scope to tailor a sanction to the individual child. It was a broad brush approach - which is why we have taken the decision to remove them.

Instead, any undesirable behaviour will result in a sanction appropriate to the age and development of the child. Adults in school will be using restorative conversations too, which will help the children to understand more about the impact that their behaviour has on others and to think about what they can do to make things better.

This 3 minute video on [behaviour and mental health in schools](#) will give you a bit more insight into the reasons for the changes we are making.



EV Charger

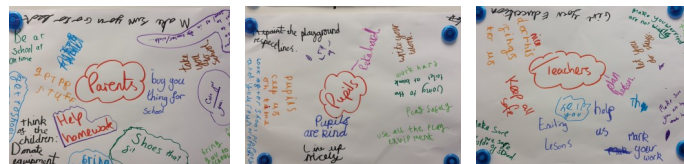
Thanks to recent success in obtaining a substantial grant, the school now has an Electric Vehicle charger in the car park.

Members of the public are welcome to use it outside of school hours. It uses the Tap Electric App and costs 47ppkwh.



School Council

The school council have been working with staff on a Home-School agreement which sets out the expectations for Pupils, Teachers and Parents at Allendale Primary School. We're all working together towards the same goal but we each have different responsibilities. All of our ideas have been put together and will be sent out soon for everybody to see.



Dates For Your Diary

13th Oct Coffee & Chat (Sports Hall)
 22nd Oct Harvest Assembly
 25th Oct Half Term Holiday
 3rd Nov Teacher Training Day
4th Nov School Starts
 4th—7th Nov Health Week
 10th Nov Coffee & Chat (Sports Hall)
 11th Nov Parents' Evening
 12th Nov Positive Noticing Day
 13th Nov Parents' Evening
 21st Nov Children in Need
 24th Nov Coffee & Chat (Sports Hall)

Safety & Wellbeing

internet
matters.org

Children will be bringing home a copy of 'Discovering digital at primary school' which has lots of useful links and information for parents all about online safety.

You can also find out more information about online safety from their website internetmatters.org

Be You Parent Newsletter

Be Hopeful
Parent & Carer Edition
 September 2025

The Be You newsletters are attached along with this newsletter to your email.

Homework Club

Homework Club has been steadily growing in popularity.

Mr Vincent will be running the Homework Club on **Wednesday mornings from 8:30am in the ICT room** at school. Adult help will be on hand to support children with their homework tasks and the computers will be available for those who need to complete tasks online.

Children may also come along to practise their spellings on Spelling Shed, times tables or to practise their touch typing on Typing Club. There's no need to book, just come to the usual playground entrance and ring the bell. Children at Allstars can complete homework with adult support just as they always have.

Clubs

There are now a variety of clubs running at lunchtimes for different age groups across the school. Some of our Year 6 children recently attended a Sports Leaders course and have been keen to set up clubs for the younger children in addition to those already being run by adults:

Monday	Lego	Year 1 & 2
Tuesday	Local History	Year 4-6
Wednesday	Netball	Year 4-6
Thursday	Table Tennis	Year 4-6
	Colouring	All years
	Athletics	Year 2 & 3
Friday	Skipping	Year 2

NO EXCUSE FOR ABUSE

We will NOT tolerate behaviour that is:

- 🚫 thre@tening,
- 🚫 abusive or
- 🚫 vi*lent

We strive to create a safe and secure environment for pupils and staff alike.
And we WILL take action when necessary.

Sadly, it's not unheard of for teachers in the UK to be threatened and made to feel unsafe by adults from outside school. Teachers have been verbally abused and intimidated.

Most people would not like to think that this could happen in our community. However, teachers have been shouted at and intimidated in the last few years on more than one occasion.

At Allendale Primary School, we pride ourselves on being approachable. We welcome civilised conversations about things that are worrying or upsetting you. There is never a need for raised voices and threats.

If anybody were ever to feel that they have not had their concerns met through rational conversation, we have a [complaints policy](#) which can be found on our website.

In the first instance, please come and talk to us. Attempting to resolve your issues on social media is not a solution that we would advocate.

Many thanks for your continued support of our school in this amazing community.

Check out a few photos of just some of the things that have been happening in our amazing school over the last few weeks.

