

Physical Education, School Sport
&
The Sport Premium Funding Action Plan

2021-2024

Allendale Primary School

Working in partnership with
Tynedale PE & School Sport Programme

PE Vision Statement

Our aim is to provide all children with the opportunity to take part in high-quality P.E. and sport both during P.E. lessons and through after school extra-curricular activities. We encourage them to become independently active by developing their confidence and competence in the physical skills outlined in the National Curriculum. Children at Allendale Primary School will have the opportunity to compete in termly inter-school competition and also to take part in a range of intra-school competitive events. Our P.E. and sport is accessible to **ALL** pupils.

PHYSICAL EDUCATION IN THE NATIONAL CURRICULUM

The Government believes that two hours of physical activity a week through both Curriculum time and extra-curricular activity should be an aspiration for all schools. Competitive games are compulsory, although it is for schools to choose how to organise the curriculum to include the programmes of study.

Physical Education

Physical education is education through physical activity: its goal is the development of the individual as a whole, not just their physical development or their proficiency in specific sports.

Through a focus on ensuring physical education at primary school we provide young people with access to physical activity for life as well as build the foundation for future participation and performance in sport.

A high quality PE programme will develop physical literacy and allow children to learn about themselves, the importance of a healthy lifestyle, self-expression and concepts such as fair play and respect. PE also contributes to the development of a range of important cognitive skills such as decision making and analysis, and social skills such as teamwork, communication and leadership.

Aims

At Allendale Primary School we aim to offer a programme which offers every child the opportunity to access exciting and challenging activities to help them develop their own sporting potential and improve their health and wellbeing. We organise and run competitive sports activities within our school and also enter a range of inter-school sports competitions.

Allendale Primary School has very good sporting facilities. The school and community sports hall is managed by the 'Sports Hall committee'. This committee includes; Deputy Headteacher, school governors, parents and members of the local sporting clubs. Governors take an active role in supporting and providing local sports activities for the pupils both within the curriculum, after-school and older-age school sports clubs.

The main guiding principles behind this action plan:

Guiding principles which have been considered when putting this action plan together and deciding how to allocate the primary school funding:

- Consider the overall PE and sport provision across the school with respect to all pupils.

- Identify how best to maximise the impact of PE, physical activity and competitive school sport on young people and school standards. This may include targeting of specific pupils e.g. using PE and sport as a vehicle to develop numeracy and literacy.
- Embed the investment within the school development plan to ensure that there is a strategy for the development of teacher confidence and competence in PE and wider outcomes for young people.
- Build on the generic teaching skills of the classroom teachers, giving professional development opportunities, and therefore further expertise, in how to develop physical literacy and the breadth of learning that comprises physical education.
- Identify a subject coordinator for PE and sport.
- Work collaboratively with other schools to develop a creative and higher quality provision.
- Develop physical literacy by focusing on pupils' fundamental movements, then generic sport skills and ultimately small-sided games.
- Use qualified and suitably trained coaches to improve the quality and range of school sport offered to enrich the curriculum (but not replace it).

Action Plan

During the summer term 2023 we considered the following questions: (Using the YST review toolkit) emerging/established/embedded. The School Games Criteria and evidence process enabled evaluation of these questions; the school achieved the Gold Award for 2023.

<http://www.youthsporttrust.org>

1. Does our school have a vision for PE and school sport?
2. Does our PE and sport provision contribute to overall school improvement?
3. Do we have strong leadership and management of PE (and school sport)?
4. Do we provide a broad, rich and engaging PE curriculum?
5. How good is the teaching and learning of PE in our school?
6. Are we providing high quality outcomes for young people through PE and school sport?
7. Are we providing a rich, varied and inclusive school sport offer as an extension of the curriculum?
8. Are all pupils provided with a range of opportunities to be physically active and do they understand how physical activity can help them adopt a healthy and active lifestyle?

This is a live document so subject to updates and changes.

Action Plan and Budget Tracking

Academic Year 2023-24	Allocation £17,020	Date Updated September 2023		
<p>Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity. The Chief Medical Officers guidelines recommend that schoolchildren undertake at least 30 minutes of physical activity a day at school.</p>				
Intent	Implementation:	Funding allocated:	Impact / Evidence	Next steps
<p>The engagement of all children in regular physical activity- kick starting healthy lifestyles.</p>	<p>Pupils to experience a wide range of sporting opportunities.</p> <p>APS to promote an enjoyment of physical activity through structured curriculum time, playtimes and enrichment activities.</p> <p>Continue to promote use of bikes and scooters at break/lunchtimes.</p> <p>Equipment audit and order equipment needed for PE activities.</p>	<p>£2000 specialist coaches</p> <p>£600</p> <p>£600 Scooter and cycle training</p> <p>£1000</p>	<p>Specialist coaches for golf, triathlon and cricket worked in school during Summer 23. Extra curricula tennis, netball and gymnastics. Pupils joining out of school clubs and local sports clubs e.g golf, triathlon, tennis to continue coaching.</p> <p>OPAL programme has impacted on activity levels at playtimes and development of social skills and values.</p> <p>Scooter and cycle riding popular. Children develop the ability to risk assess as very few accidents.</p> <p>Ordered new tennis and high jump stands to enhance provision. Wide range of equipment at school to facilitate a broad offer.</p>	<p>Plan for range of coaches in Spring / Summer 2023 to provide range of opportunities to develop interests and skills.</p> <p>Involve parents in OPAL programme.</p> <p>Develop different activities and areas for children.</p> <p>Continue to promote sustainable and active travel and offer opportunities for cycling / scooting at playtimes.</p>

	Tailor our PE curriculum and delivery to promote enjoyment and participation	£600	Co-ordinator time to plan and facilitate PE curriculum and extra curricula coaching and competitive sport	Further develop links with local schools to facilitate competitive sport and celebrations of PE.
	CPD through working with expert coaches to ensure teacher confidence teaching new sports.	£900	CPD carried out through coaching in PE. PE CPD courses as and when arise.	
	Train Y6, (& Y5) pupils to become peer leaders to promote active lunchtimes and develop leadership qualities and character.	£500	All Y6 have been trained as peer leaders and run lunchtime clubs for the younger pupils. They show responsibility and leadership qualities.	Link to OPAL programme and Modeshift Stars programme
	Peer leaders to take on leadership roles within school and at events hosted at APS to develop character	£500	Peer Leaders officiate at intra schools events and inter school events.	
	Continue to promote healthy lifestyles through education and opportunities to make healthy choices in school e.g. active break times.	£0	Pupils have shown in PSHE and Science curriculum that they have a good knowledge and understanding of how to be healthy and the importance of physical activity.	
	Promote active, healthy lifestyles through focus on annual Health Week.	£1000	All pupils participated in Health Week and range of coaches / physical activities were provided. Pupils demonstrate good knowledge of how to keep themselves healthy.	
	Purchase new play equipment to encourage active break times.	£200		
	Continue to build education on healthy lifestyles into the curriculum through cross curricular links.	£250	Pupil voice used to evaluate successful activities at break and how to develop provision.	
	We will offer a range of extra-curricular sports opportunities for our pupils	£0	Sports Clubs offered during lunchtimes and after school. Gymnastics, tennis, netball, athletics and football.	

	<p>through internal and external coaches / provision.</p> <p>We will provide extra-curricular clubs for EYFS and KS1 as identified through pupil voice.</p> <p>Explore options to deliver Yoga sessions to foster mindfulness and calm in line with our Behaviour programme.</p> <p>Target Non Swimmers in UKS2 in order for them to learn to swim.</p> <p>All pupils to take part in termly intra school competitions.</p> <p>Organise and host inter school sporting competitions.</p> <p>Pupils to compete in inter school competitions in other settings.</p> <p>Y4 - Y6 pupils have the opportunity to experience outdoor adventurous residential with specialist instructors.</p>	<p>£600</p> <p>£50 Certificates and equipment for participation</p> <p>£600</p> <p>£3000</p> <p>£200 Certificates / stickers</p> <p>£3000 Transport and any entry / registration fees.</p> <p>£2000 Inc support for PP or families in financial hardship</p>	<p>Y6 ran scooter and football clubs for EYFS and KS1 as well as Peer leader activities.</p> <p>PE units focus.</p> <p>School hosts partnership competitions and festivals and participates in Northumberland competitions.</p> <p>Y4/5 pupils to have opportunity in Summer 24 for a 3 day residential at Wastwater. Last year, some developed resilience in overcoming being homesick and trying new activities such as canoeing and ghyll scrambling.</p> <p>Y6 Residential will be at Ford Castle.</p>	<p>Train present Y5/6 to offer clubs in Spring / Summer 24.</p>
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	Promote parental and pupil engagement with Walk to School Week / Month and Bike Week	£400	Using Travel tracker data we can see that the % of pupils cycling and scooting to school has increased by 16% in the last 3 years.	Development of WoW ambassador group to promote and oversee travel tracker.
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Key Indicator 2: The profile of PESSPA, (Physical Education, School Sport and Physical Education), being raised across the school as a tool for whole school improvement.

Intent	Implementation	Funding	Impact	Next Steps
The profile of PE and sports being raised across the school as a tool for whole school improvement.	Maintain School Games Gold Kitemark	£250	School meets criteria for Gold School Games Award, demonstrating range and quality of provision and participation.	Continue to source different sports coaches, individual and team based.
	Teach school values as part of PE curriculum and expectation of pupil attitude in inter school / intra school sports events.	£0	School values developed in all pupils and expectations made clear throughout all areas of school life. Sporting attitude displayed in activities.	
	Instil sense of pride in pupils in representing the school in sporting competitions.	£0	Pupils proud of representing school.	
	Share activities, events and achievements.	£0	Use of School facebook , emails to parents and class facebook pages.	
	Celebrate participation in events on social media, school website and in assemblies.	£0	As above	
		£100	Pupils presented with certificates proud to receive them in assembly or at the culmination of events.	

	<p>Celebrate participation and success through certificates, medals, stickers etc.</p> <p>House Competitions to be held and trophy awarded to winning house.</p> <p>Display awards and trophies prominently to celebrate and inspire.</p> <p>Display range of sports in Sports Hall to share with the community.</p>	<p>Included above</p> <p>£0</p> <p>£0</p>	<p>As above</p> <p>Community has the opportunity to see a range of sports on offer to promote the school.</p>	

Key Indicator 3: Increased confidence, knowledge and skills in all staff in teaching PE and Sport

<p>Increased confidence, knowledge and skills of staff to ensure the quality of PE is consistently good or higher across the school.</p>	<p>PE Coordinator to audit provision across the school.</p> <p>PE Co-ordinator to monitor PE provision across school</p> <p>Skills progression clearly matched against long term plan for PE.</p> <p>Qualified specialist coaches provide CPD for staff to develop confidence in teaching high quality PE.</p>	<p>£250 Supply cover</p> <p>£250 Supply cover</p> <p>£500 Supply cover</p> <p>Detailed above</p>	<p>Staff deliver high quality PE lessons, monitored by PE Co-ordinator / HT / Governor.</p> <p>Children can articulate their enjoyment of physical activities as evidenced through pupil voice and participation.</p>	

Key Indicator 4: Broader experience of a range of sports offered to all pupils.

Intent	Implementation	Cost	Impact	Next Steps
<p>To offer a wide range of sporting / physical activities which engage all pupils.</p>	<p>Ensure wide coverage of sports offered to pupils</p> <p>Use Pupil Voice to develop and deliver extra curricula activities.</p> <p>Analyse register of pupils attending extra curricula clubs and identify those not engaged / hard to reach. Use pupil voice to engage pupils.</p> <p>Track inclusion of SEND and vulnerable pupils.</p> <p>Use peer leaders to organise and run sports clubs.</p> <p>Cycle Training for Y4 - Y6</p> <p>Learn to Ride Training Y2 - Y3</p> <p>Scooter Training R - Y1</p> <p>Links with local sports clubs. Promote activities and clubs available.</p> <p>Deliver ad hoc sporting or physical activity workshops to target pupil participation and enjoyment. e.g. Hoopstarz</p>	<p>Coordinator time</p> <p>£0</p> <p>£0</p> <p>£0</p> <p>£0</p> <p>£0</p> <p>Costed above</p> <p>£0</p> <p>£1000 some expenditure included in Health week</p>	<p>Pupils able to develop interests in new activities, e.g dance, tennis, hockey, triathlon, angling,golf, cricket, yoga, gymnastics, netball, rounders, football. Join out of school clubs.</p> <p>Audit of pupils shows what out of school activities pupils engage in.</p> <p>As above</p> <p>Peer leaders gain the confidence and skills to deliver activities for younger pupils and take on roles of responsibility</p> <p>Pupils able to assess risk at playtimes when bikes and scooters available. Minimal accidents as they have been taught safe usage.</p>	<p>Target hard to reach pupils by developing clubs to meet their interests.</p>

Key Indicator 5: Increased participation in competitive sport.

Increased participation in competitive sports across school.	All pupils take part in level 1 competitions within school.	£0	All pupils develop their sporting skills through intra school house competitions. Pupils are proud to achieve in level 2 competitions such as cross country, athletics and celebrate achievement. Pupils go on to join local sports clubs such as football, golf, triathlon, netball etc
	Individuals and teams represent school in level 2 competitions.	£2000 Transport costs detailed above	
	Talented pupils are encouraged to pursue their talent in sporting activities.	£0	
	Celebrate sporting achievements of pupils in and outside of school.	£0	
	Links with local sports clubs.	£0	

Swimming Data:

Meeting national curriculum requirements for swimming and water safety	%
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your children may swim in another year, please report on their attainment on leaving primary school.	70% Swimming lessons are planned for Summer term 24.
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	70%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	70%

Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?

Yes
Coaching and
transport to
swimming fully
funded by school.