

Our Golden Rules:

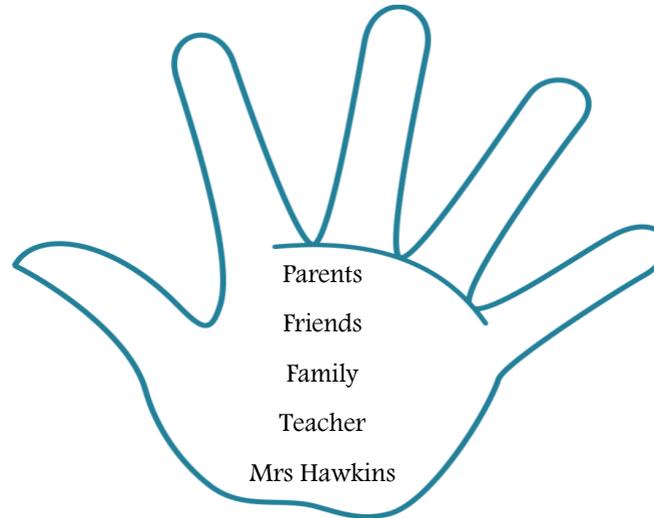
1. We are gentle
2. We are kind and helpful
3. We are honest
4. We listen
5. We work hard
6. We look after property

What is bullying?

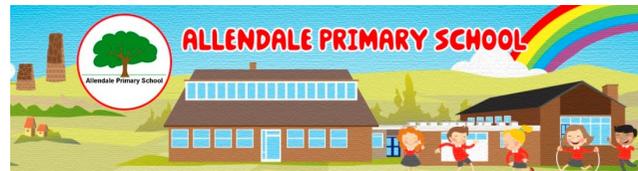
Bullying is when someone or some people hurt, frighten or upset someone else more than once on purpose.



Use your Helping Hand and talk to someone you trust.
Who are your 5 people?



STOP
BULLYING



Child Friendly Anti-Bullying Policy



When is it bullying?

Verbal:

Name calling or saying unkind things

Emotional:

Hurting people's feelings by leaving them out or ignoring them

Physical:

Pushing and kicking or taking things that belong to someone else

Cyber:

Saying unkind or hurtful things on social media, the internet or in text messages

Bullying is NOT:

Accidents

Falling out with friends

Something that only happens once.



If you are bullied::

Remember, it's not your fault

Tell an adult straight away

Tell them to STOP if you can

Just walk away.



How do our Anti-Bullying Ambassadors help?:

Ambassadors are on duty every lunch and break times at the Friendship Stop

They can listen and help you solve friendship problems

They will reassure you that friendship problems can be solved

They will help you tell an adult

They work closely with Mrs Hawkins and Mrs Huddleston to prevent bullying at Allendale

Run projects to improve wellbeing and encourage positive friendships

Make you feel safe.

If you see someone being bullied, you must tell an adult straight away.

The teachers will:

Take you seriously

Listen to you in a quiet place

Talk to everyone involved

Record all cases of bullying

Deal with children who have been bullying others

Help you feel safe at school

Get in touch with parents if needed.

